

Discipleship Week 1

Discussion Questions

1. What does being a disciple of Jesus mean to you? (student, apprentice, follower, obedience to God, being aware of God's presence, northstar, guiding principle, the way you view the world, driving force, energy source, centering on God and love of others...)
2. What do you want most from following Jesus?
3. What in your life right now is keeping you from more fully following Jesus? (lack of time, anger, fear, insecurity, addictions, fatigue...)
4. What takes the most of your time and energy these days? (work, family, worries, being on your phone or computer, thinking about what's wrong with people...)
5. What changes in yourself would you like to make to more fully follow Jesus? (Be more loving, less selfish, more giving, more forgiving, more accepting of differences, more at peace with yourself...)
6. What small steps can you take today to learn to follow Jesus? (set up a prayer routine, read the Bible, listen to a positive podcast, look for a way to help someone else, talk to someone about God, set limits on your screen time, eat healthy food, exercise more, give somebody something without expecting anything from it, worship more, spend time outside, think more about those you love...)
7. What can the group do to help you take the steps you want to take?
8. What can Horizons do to help you take those steps?

Further Resources:

Amplify Media -

- A Disciple's Path
- Jesus Apprentice
- Gospel Discipleship

Books -

- A Long Obedience in the Same Direction by Eugene Peterson
- The Divine Conspiracy by Dallas Willard
- Celebration of Discipline by Richard Foster
- Emotionally Healthy Discipleship by Peter Scazzero
- Breathing Under Water by Richard Rohr
- Velvet Elvis by Rob Bell
- Podcasts - Things Above host James Bryan Smith (any ep, try Integrate Like Jesus)
- The Dallas Willard Podcast (ep. 30, Doing What Jesus Did)
- Life With God, Renovare (ep. 214, Richard Foster- The Ways and Means of Grace)
- Emotionally Healthy Leader (ep. 5/15/2018, Lead People to Follow Crucified Jesus)
- Get Your Spirit In Shape (UMC) (ep. 32, Following Jesus Everyday)